



“Hullo, sister”

“Who’s your mob?”

“My mob come from up North there!”

“Unna...they my people too.”

“Hey, you my relation then!”

*“Who’s your mob?”...Heard this before?
How many times have you been asked
“Where do you come from?”*

This does not mean where you have just come from or how you got here, but meaning...*“Where do you belong?”*

By knowing the answers we know where we belong. It is our security, it is our identity!

Our identity brings unity, it is our family ties. It is knowing about how we all fit together.

We need to know who we are, where we’ve come from, where we are now and where we’re going.

And we need to feel good about it and good about ourselves.

We want our kids to know our ways, to understand, and to practise them.

Our kids learn at an early stage by watching, listening and practising, and by close contact with others.

Our identity as Aboriginal people keeps growing throughout all our family life.

These things might help

- **Encourage your kids to know who they are and where they fit.**
- **Share with them the stories told long ago and talk the talk of long ago.**
- **Get strength and hope from believing in yourself.**
- **Get strength from knowing and trusting your belief.**
- **Give your kids the knowledge that they are a part of, and that they belong to, an old and very proud race of people.**
- **Never forget where you come from.**

These places might be able to help:

Nunkuwarrin Yunti (08) 8223 5217

The Sacred Site Within..... (08) 8240 4597

Aboriginal Family Support Services..... (08) 8212 1112

SA Museum (Indigenous Information Centre)..... (08) 8207 7410

Family Well Being..... (08) 8463 4800

**Tell our kids to be proud that they are Aboriginal
and why we as parents are proud!**

Written in Partnership

Ingrid O'Loughlin
Parenting SA

Artwork Ingrid O'Loughlin

Produced by

Parenting SA - telephone (08) 8303 1660
© Copyright
Revised 0806

Parent Helpline
1300 364 100



Government of South Australia

Children, Youth and Women's
Health Service